

Professional Referral & Collaboration Kit

A practical framework for sharing family-support resources while keeping scope, privacy and licensed care clear.

A responsible referral is clear about what a resource does, what it does not do and how it fits alongside licensed care.

Before sharing a resource

1. Confirm fit

Review the audience, reading level, purpose and limitations. Consider whether the family needs adaptation, translation or a different level of support.

2. Set expectations

Explain that educational materials can reinforce reflection and practice, but do not replace assessment, therapy, medication management, crisis support or a treatment plan.

3. Protect privacy

Do not include diagnoses, session notes or other sensitive information when requesting general resources. Use your organization's approved channels for protected information.

4. Invite choice

Present the resource as an option. Ask what feels useful, culturally relevant and realistic rather than assuming one approach fits every family.

Suggested introduction

"I'd like to share an optional educational resource that may help your family practice one of the ideas we discussed. It is not therapy or a replacement for our work together. We can review what feels useful and ignore what does not fit."

Collaboration conversation planner

Audience or setting

The practical need we are trying to address

What success would look like

Scope and boundaries

- ☐ General education ☐ Caregiver workshop ☐ Staff learning ☐ Resource development
☐ No diagnosis or treatment ☐ No crisis response ☐ No protected information

Next step

Growing Great Humans welcomes collaboration that is strengths-based, transparent about scope and respectful of licensed care. This toolkit is general information, not legal, medical or clinical guidance.